



March Newsletter

2024

MARCH MADNESS

and

STAY MINDFUL

March is full of school celebrations and scheduled breaks from the routine of school. Sometimes it can feel like “March Madness”- running to sporting events, preparing for dress-up days like Dr. Seuss and St.



Patrick’s Day. But it can also be a time to be mindful and take a break during our Spring Break Week. Whatever your family experiences or chooses to do, I hope you find time to relax and recharge before the last months of school.



Students in grades three- five will begin state testing after Spring Break. Please make sure to encourage your child to do their best and stay focused. We have purchased some healthy snacks for testing days and teachers will be previewing the practice tests with students before they begin testing.



Feel free to use the Mindful March Calendar to practice taking care of yourself and noticing the positive in your life.



- Ms. Lee, Principal

Mindful March 2024

MONDAY



4 Notice how you speak to yourself and choose to use kind words

11 Stay fully present while drinking your cup of tea or coffee

18 Have a 'no plans' day and notice how that feels

25 Focus your attention on the good things you take for granted

TUESDAY



5 Bring to mind people you care about and send love to them

12 Listen deeply to someone and really hear what they are saying

19 Cultivate a feeling of loving-kindness towards others today

26 Choose to spend less time looking at screens today

WEDNESDAY



6 If you find yourself rushing, make an effort to slow down

13 Pause to watch the sky or clouds for a few minutes today

20 Focus on what makes you and others happy today
dayofhappiness.net

27 Appreciate nature around you, wherever you are

THURSDAY



7 Take three calm breaths at regular intervals during your day

14 Find ways to enjoy any chores or tasks that you do

21 Listen to a piece of music without doing anything else

28 Notice when you're tired and take a break as soon as possible

FRIDAY

1 Set an intention to live with awareness and kindness

8 Eat mindfully. Appreciate the taste, texture and smell of your food

15 Stop. Breathe. Notice. Repeat regularly

22 Notice something that is going well, even if today feels difficult

29 Choose a different route today and see what you notice

SATURDAY

2 Notice three things you find beautiful in the outside world

9 Take a full breath in and out before you reply to others

16 Get really absorbed with an interesting or creative activity

23 Tune into your feelings, without judging or trying to change them

30 Mentally scan your body and notice what it is feeling

SUNDAY

3 Start today by appreciating your body and that you're alive

10 Get outside and notice how the weather feels on your face

17 Look around and spot three things you find unusual or pleasant

24 Appreciate your hands and all the things they enable you to do

31 Discover the joy in the simple things of life

ACTION FOR HAPPINESS

Happier · Kinder · Together



Please access the February Library newsletter online:

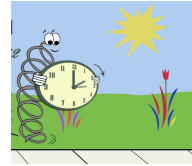
<https://www.smores.com/8capx>

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Important Dates:

- March 6 Math-A-Thon Forms go Home
- March 8 - Report Cards go Home
- March 10 - Daylight Savings Time!! Change your clocks!
- March 11 - 15 - Spring Break! - **NO SCHOOL**
- March 22 - Student Council Meeting - 8:15 in Library
- March 25 - Math-A-Thon Pledge Sheets Due
- March 29 - **NO SCHOOL - Vacation**



- April 5 - Student Council Meeting - 8:15 in Library
- April 15 - Professional Development Day
NO SCHOOL - Students
- April 16 - Pledge Sheets and \$'s Due Back to School
- April 19 - Student Council Meeting - 8:15 in Library
- April 19 - 2nd Grade Field Trip
- April 25 - Fourth Grade Field Trip

MATH-A-THON

This year, the students will be participating in a Math-A-Thon to help raise funds for Downsville Elementary. Your participation at any level helps support the students and staff at Downsville Elementary over the next year so they can attend various field trips, bring in speakers, assist with Family Nights (cookie decorating, ice skating party, etc), and other “extras” for our students and staff. Thank you for helping support our students and Downsville Elementary!!

March 6: Students bring home this information packet containing explanation page, math practice sheets and pledge form.

Students begin practicing their math skills and start asking for pledges from family and friends.

Pledges can either be an amount for each math problem the student gets correct OR a flat amount. Record all pledges on pledge sheet. Please support their hard work by helping them ask for pledges (especially our younger students).

March 25 Pledge sheets are due to school – classroom teachers will keep these.

Week of All students will participate in the Math-A-Thon problems on a day chosen by their teacher, even March 25: if they don't participate in collecting pledges.

Kindergarten students will be tested on 15 problems. 1st-5th grades will be tested on 30 problems.

April 2: Your child will bring home their pledge sheet and their scored test. Attached to their pledge sheet will be an envelope labeled with their name, teacher, and total pledges to be collected. Pledge amounts will be already calculated and recorded on the front of the pledge sheet for those sponsors that pledged per correct problem. Flat amount pledges will be the same no matter how many words are correct.

April 15: All pledges are due back to the school. *Checks should be made payable to Downsville PTC.*

PRIZES:

Any student who collects at least one pledge will receive a small prize.

Certificates will be awarded to students earning 100% on their Math-A-Thon problems.

Classroom with the *Highest Average of Correct Answers* will get an extra recess and a Freezie!!

Classroom with *the Highest % of their Fundraising Goal Met* will receive a Pizza Party!!

The *TOP fundraising student in each class* will receive a coupon for an ice cream from Scatterbrain Café.

CLASSROOM GOALS (Fundraising):

Kindergarten: \$480 2nd grade: \$720 4th grade: \$680

1st grade: \$400 3rd grade: \$560 5th grade: \$760



DR. SEUSS DAY FUN



1ST GRADE

2

Second Grade News!

Happy March and happy spring break!

We are very excited in second grade to be so close to the end of the year as we get ready for the last few months of school. We have so much planned for these final months and cannot wait to share what we are doing at school with you! As a reminder, there will be many important days in these next 3 months full of testing, field trips, and special school days. To help your child attend all that we are doing, please remind them to dress for the weather (as tough as it can be!) and to take extra care with washing their hands and covering coughs and sneezes. With some cases of illness going around we want to be sure that your child is not affected (or affected as little as possible!). Have a great spring break!





MUSIC NOTES

AMY_MCMAHON@MSD.K12.WI.US



Trinidad and Tobago

This month we will be using our 'passports' to travel to Trinidad and Tobago in the Caribbean! We will be learning about the music and people in our new country of the month!



The steelpan drum was invented in Trinidad and Tobago. You can hear it in *Under The Sea* from *The Little Mermaid*!

Did you know the limbo originated in Trinidad and Tobago?

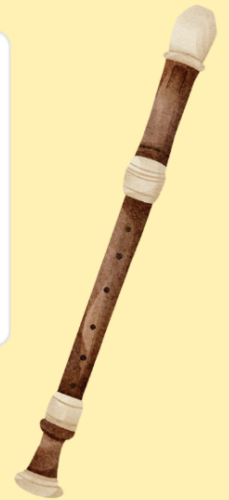


Recorder Karate at Home

4th and 5th graders have been practicing their recorders, and earning a karate belt every time they pass a song!



Recorder Karate!



- scan the QR code
- click on your class Flip
- login with Google
- record your video for Mrs. McMahon

Musicians of the Month

- K - ELEANOR W.
- 1ST - RAELYNN G.
- 2ND - ASHA O.
- 3RD - HADLEY F.
- 4TH - AARON C.
- 5TH - MIA L.



Art Class News



Menomonie Area Schools CVTC Art Show

K-12 Menomonie Area Schools Art Show happening now at the CVTC building in Menomonie at 403 Technology Drive. Lobby Hours: Monday, Tuesday, Wednesday, Friday: 7:30 a.m. – 4 p.m. Thursday: 7:30 a.m. – 6 p.m.



3RD GRADE

The students learned about about 1 point perspective and designed a room!

5th Grade

We learned about Africa and all the different animals that live there. They are creating clay animal boxes using slabs then attaching pieces to create the African animal of their choice!



4th Grade

The students learned about Japanese Notan designs and are creating balance with positive and negative space.

2nd Grade

We are looking at Artist Wayne Theibaud's dessert paintings and creating cupcake pinch pots with coiled frosting tops!



Kindergarten

We are learning about the elements of art and exploring the world around us. The students went on a texture hunt to capture all the different textures that they could find!

1st Grade

We are learning about Leonardo da Vinci's Mona Lisa. Did you know that she was stolen from the Louvre? The students are creating art imagining where she went while she was gone!



KAYRES COUNSELING & DOWNSVILLE PTC



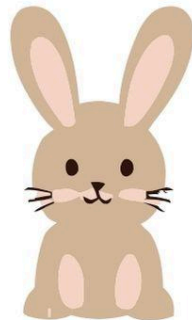
We truly appreciate your generous donation to our all school skating event. We were able to enjoy our time together as our Downsville School Family.

Downsville Elementary Dress Up Day!

Dress like your favorite ANIMAL

Friday, March 22,

2024



Encouraged by the Student Council



Dunn County 4-H would like to invite all youth 3rd grade and older to join the Dunn County Photography Club! The club teaches the basics of photography and leads "Photo Walks" around the county where youth can try out their skills. It meets once a month either at the Dunn County Government Center (3001 US Hwy 12, Menomonie, WI) or at various "Photo Walk" locations around the county.

Follow the web address to fill out the interest form If you are interested in joining us at our next meeting on March 18th. It will be held at 6pm in room 60 of the Dunn County Government Center.

<https://go.wisc.edu/rcg6g2>

If you have any questions about the Dunn County Photography Club, or Dunn County 4-H, please contact the Dunn County Extension office at 715-232-1636."

Zachary Rozmiarek
4-H Educator, Dunn Co
715-308-8616



Scan the QR code to sign up
Or
Email Melissa.Burke@wisc.edu or
langejr82@gmail.com for more
information



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